

FOOD ASSISTANCE RESOURCE GUIDE FOOD PANTRIES

OPEN TO ALL

No proof of income or residency status required.

All agencies that distribute TEFAP/ USDA food must distribute food to CT residents regardless of city or neighborhood.

Individuals will be asked to verbally attest to eligibility requirements.



Supporting Wellness at Pantries (SWAP)

The SWAP logo appears next to pantries that implement SWAP at their location.

Please call ahead to confirm hours.

Believe in Me Empowerment 427 Dixwell Ave. 203-772-2771 1st Tues, 11am-1pm for emergency walk-up 3rd Thurs, 4pm-6pm Bethel AME Church 255 Goffe St. 203-915-2947 3rd Sat of month, 10am-12pm 4th Wed of month, 12pm-2pm Beulah Heights Church - Helping Hand Food Pantry 782 Orchard St. 203-745-3589 2nd Tues, 3pm-5pm 4th Tues, 11am-1pm Cathedral of Higher Praise Church 155 Grand Ave. 203-776-7676 Every other Sat, 9am-11am Centro San Jose 290 Grand Ave. 203-777-6771 2nd & 4th Fri, 9am-12pm Tickets for line starts at 7:30am Christian Community Action 168 Davenport Ave. 203-777-7848 Mon and Wed by appointment only, must preregister Tues 2pm-3pm for emergency bags Closed Thurs and Fri Christian Love Center Church - West River Community Food Pantry 154 Derby Ave. 203-752-1644 2nd & 4th Thurs, 3pm-5pm	Community Baptist Church 143 Shelton Ave. 203-562-7060 3rd Sat of month, 11am-12:30pm Community Builders - Kensington Square 1 & 2 1333 Chapel St. 203-777-6612 2nd & 4th Thursday, 1-3pm Tickets for line 10:30am-11:30am Closed major holidays Ed Leduc Memorial Food Pantry - A Place to Nourish Your Health 1302 Chapel St. 203-624-0947 1st & 3rd Thurs, 9:30am-12:30pm Closed major holidays Glorified Deliverance Church 604 Dixwell Ave. 203-314-1440 1st, 2nd, and 4th Sat of month 11am-1pm Iglesia Jehovah Rohi 577 Howard Ave. 203-605-8060 3rd Sat of month 11am-12pm Immanuel Missionary Baptist Church 1324 Chapel St. 203-777-8744 4th Sat of month, 6:30am-8:30am Integrated Refugee & Immigrant Services (IRIS) 75 Hamilton St. 203-562-2095 Wed, 8:30am-11am Jewish Family Services- Barry J. Vine Food Pantry 1440 Whalley Ave. 203-397-0796 By appointment only Wed & Thurs 9:00am-11:45am Closed on Holidays Keefe Community Center 11 Pine St. Hamden, CT 06514 203-562-5129 By appointment only Mon & Thurs, 11am-2pm, Tues 1pm-4pm, Wed & Fri, 9am-11am Closed on holidays Liberty Educational Service Center 44 Eastern St. 203-691-9494, 203-606-1905 2nd & 4th Sat, 1pm-3pm Must call Friday after 2pm to make appointment	Loaves & Fishes 57 Olive St. 203-562-2691 Sat, 8:30am-10:30am Maranatha Life Changing Ministries COGIC-Newhallville Substation 596 Winchester Ave. 203-440-6774 2nd and 4th Tues, 3pm-5pm Mount Hope Recovery Center 565 Dixwell Ave. 203-785-0656 2nd & 4th Fri, 5pm-6pm Must be signed in by 5:50pm New Flame Restoration 1375 State St. 203-843-8831 Thurs, 3:00pm until food runs out New Haven Church of Christ 16 Gem St. 203-777-2992 2nd Sat, 12pm-1pm Emergency food bags by appointment Newhallville Community Food Bank 681 Dixwell Avenue 203-687-0316 2nd and 4th Thurs, 5:30pm-6:30pm New Haven Inner City Enrichment (NICE) - Hill Substation 410 Howard Ave. 203-479-0056 Last Sat of month, 11am-1pm 2nd Thurs of the month, 1pm-2pm New Haven Pride Center 50 Orange St. 203-387-2252 Temporarily Closed Updates at: www.NewHavenPrideCenter.org Olive Street Pantry (DESK) 57 Olive St. 475-227-3009 Wed, 1:30pm-3:30pm Omega SDA Church Community Service 278 Winthrop Ave. 203-993-0203, 914-565-0112 1st & 3rd Sun, 10am-11:30am Closed on major holidays Salvation Army - New Haven 450 George St. 203-624-9891 Mon, Wed, Fri, 9am-12pm Closed on major holidays	Second Star of Jacob Church 185 Chapel St. 203-776-9603 (call 9am-1pm) 3rd & 4th Thurs of month, 10am-12pm Closed major holidays St. Matthew's Church 388 Dixwell Ave. Mon, Tues, Fri: 203-996-9643 Wed, Thurs: 203-777-0472 2nd & 4th Sat of month, 8am-9am St. Paul's Church 150 Dwight St. 203-624-3937 3rd Saturday 12-1:30pm Upon This Rock Ministries - Dwight Substation 130 Edgewood Ave. 203-387-1215 3rd Sat of month 9am-12pm Varick AME Zion Church 246 Dixwell Ave. 203-691-6333 1st Sat of month, 10am-12pm Wed, 10am-12pm emergency food bags Vertical Church - Fair Haven Substation 295 Blatchley Ave. 203-934-9673 ext. 111 3rd Sat of month, 9am-11am Walk of Faith Church 104 Fairmont Ave. 203-469-5134 Wed, 12pm-1pm Attendees can arrive 9:00am to register. First come first serve Women of the Village - Dixwell Substation 26 Charles St. 203-675-9437, 203-376-2790 Tues, 1pm-2pm Fri, 12pm-1pm
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Connecticut Food Bank Mobile Pantry

Pantry times vary by location and include morning, afternoon, and evening times to accommodate as many schedules as possible. Check the schedule at:

<https://mobilefoodpantry.ctfoodshare.org/>

For additional resources, please dial: 2-1-1
For the latest guide, visit:

bit.ly/getconnectednhv

SOUP KITCHENS

Community Soup Kitchen (CSK)
84 Broadway
203-624-4594
Breakfast: Sat, 8-9am
Lunch: Mon, Tues, Thurs, Fri,
11am-1pm
(April-Sept. only) Breakfast: Wed,
8am-9:30am,
Eat-in, Take-out.

**Community Soup Kitchen (CSK)
@ Newhallville**
5 Hazel St.
203-624-4594
Mon, Tues, Thurs, Fri, 12:30pm-
2pm, Food to go.

**Community Soup Kitchen (CSK)
@ St. Luke's Church**
111 Whalley Ave.
203-624-4594
Thurs, 12pm-1pm
Food to go.

**Community Soup Kitchen (CSK)
@ St. Martin Deporres Church**
136 Dixwell Ave.
203-624-4594
Tues, 6:30-9:30am
Closed last 2 weeks of August.

**Community Soup Kitchen (CSK)
@ The Hill**
33 Lamberton St.
203-624-4594
Mon, Tue, Thur, Fri, 12-2pm

DESK's Dinner-on-the-Green
475-227-3009
Mon-Thurs, 4:30pm-6pm
More info at:
<https://deskct.org/dinner>

**Downtown Evening Soup
Kitchen (DESK)**
266 State St.
475-227-3009
Sun-Thurs, 1:30pm-6pm,
Fri, 1:30pm-5pm

**Immanuel Missionary
Baptist Church**
1324 Chapel St.
203-777-8744
Sun, 12pm-2pm

St. Paul's Church
150 Dwight St.
203-624-3937
3rd Sat, 12pm-1:30pm
Door located in back parking lot

St. Thomas More Chapel
268 Park St.
203-777-5537
Wed, 11am-1pm
Begins the first Wed in Oct and
ends the last Wed in April.

Sunrise Café
57 Olive St.
203-859-5059
Mon-Fri, 6:30am-8:30am

Thomas Chapel Church of Christ
30 White St.
203-865-6254
203-996-5761
Wed, 11am-1pm

Varick AME Zion Church
242 Dixwell Ave.
203-691-6333
Mon, 4:00pm-5:30pm

CLIENT SPECIFIC NEEDS

FOOD PANTRIES

FISH of Greater New Haven

Delivers groceries to homebound and disabled
New Haven residents.
Must call 203-503-0107 to inquire about intake
and schedule an assessment.
Calls accepted: Mon-Fri, 9am-3pm.
Delivery Hours: Monday and Wed-Fri, 9am-3pm
No walk ins available.

This guide was developed in
collaboration with:



SNAP (Food Stamps)

Households and individuals who wish to apply for the
Supplemental Nutrition Assistance Program (SNAP) may check
eligibility and apply online at www.connect.ct.gov, under
'Apply for Benefits.'

Women, Infants & Children (WIC)

The Women, Infants, & Children (WIC) program is a
supplemental food and nutrition program for pregnant women,
new moms and children under the age of 5 years old. To apply
to be a WIC participant, please call 1-800-741-2142.

*All CitySeed Farmers Markets accept SNAP, WIC, FMNP
checks, and Senior FMNP checks. CitySeed offers double value
for SNAP at all of its markets and Mobile Market.*

SENIOR MEALS

Atwater Senior Center
26 Atwater St.
203-946-8558
Mon-Fri, 11:30am-12:30pm
Register one day in advance

Casa Otonal
135 Sylvan Ave.
203-773-9849
Lunch: Mon-Fri, 12pm-1pm
Age 60+

**Dixwell/Newhallville Senior
Center**
197 Dixwell Ave 2nd Floor,
Enter through Foote st
entrance
203-946-8541
Mon-Fri, 11:30am-12:30pm
Age 55+
Register 24 hours in advance
and fill out form

East Shore Senior Center
350 Woodward Ave.
203-946-8544
Mon-Fri, 11:30am-12:30pm
Register one week in advance

LifeBridge Community Services
Offers senior meals through
Meals on Wheels (delivered
Mon-Fri between 8am and 2pm).
They also coordinate lunches at
14 different senior centers
throughout the Greater New
Haven area. Meals are served
Mon-Fri from 11am-12:30pm.
Call 203-752-9919

To update resource
information, please visit:

<https://uwc.211ct.org/professionals>