

## FOOD ASSISTANCE RESOURCE GUIDE FOOD PANTRIES

### OPEN TO ALL

No proof of income or residency status required.

All agencies that distribute TEFAP/ USDA food must distribute food to CT residents regardless of city or neighborhood.

Individuals will be asked to verbally attest to eligibility requirements.



### Supporting Wellness at Pantries (SWAP)

The SWAP logo appears next to pantries that implement SWAP at their location.

Please call ahead to confirm hours.

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| <p><b>Believe in Me Empowerment</b><br/>427 Dixwell Ave.<br/>203-772-2771<br/>1st Tues, 11am-1pm for emergency walk-up<br/>3rd Thurs, 4pm-6pm</p> <p><b>Bethel AME Church</b><br/>255 Goffe St.<br/>203-915-2947<br/>3rd Sat of month, 10am-12pm<br/>4th Wed of month, 12pm-2pm</p> <p><b>Beulah Heights Church - Helping Hand Food Pantry</b><br/>782 Orchard St.<br/>203-745-3589<br/>2nd Tues, 3pm-5pm<br/>4th Tues, 11am-1pm</p> <p><b>Cathedral of Higher Praise Church</b><br/>155 Grand Ave.<br/>203-776-7676<br/>Every other Sat, 9am-11am</p> <p><b>Centro San Jose</b><br/>290 Grand Ave.<br/>203-777-6771<br/>2nd &amp; 4th Friday, 9am-12pm<br/>Tickets for line starts at 7:30am</p> <p><b>Christian Community Action</b><br/>168 Davenport Ave.<br/>203-777-7848<br/>Mon and Wed by appointment only, must preregister<br/>Tues 2pm-3pm for emergency bags<br/>Closed Thurs and Fri</p> <p><b>Christian Love Center Church - West River Community Food Pantry</b><br/>154 Derby Ave.<br/>203-752-1644<br/>2nd &amp; 4th Thursday, 3pm-5pm</p> | <p><b>Community Action Agency of New Haven</b><br/>419 Whalley Ave<br/>203-387-7700 ext. 299<br/>Mon-Fri, 9am-5pm<br/>Must call ahead</p> <p><b>Community Baptist Church</b><br/>143 Shelton Ave.<br/>203-562-7060<br/>3rd Sat of month, 11am-12:30pm</p> <p><b>Community Builders - Kensington Square 1 &amp; 2</b><br/>1333 Chapel St.<br/>203-777-6612<br/>2nd &amp; 4th Thursday, 1-3pm<br/>Tickets for line 10:30am-11:30am<br/>Closed major holidays</p> <p><b>Door of Salvation Church</b><br/>3 Arch St.<br/>203-691-5608<br/>Closed Permanently</p> <p><b>Ed Leduc Memorial Food Pantry - A Place to Nourish Your Health</b><br/>1302 Chapel St.<br/>203-624-0947<br/>1st &amp; 3rd Thurs, 9:30am-12:30pm &amp; 1:30pm-3:00pm<br/>Closed major holidays</p> <p><b>Glorified Deliverance Church</b><br/>604 Dixwell Ave.<br/>203-314-1440<br/>1st, 2nd, and 4th Sat of month 11am-1pm</p> <p><b>Iglesia Jehovah Rohi</b><br/>577 Howard Ave.<br/>203-605-8060<br/>3rd Sat of month 11am-12pm</p> <p><b>Immanuel Missionary Baptist Church</b><br/>1324 Chapel St.<br/>203-777-8744<br/>4th Sat of month, 6:30am-8:30am</p> <p><b>Integrated Refugee &amp; Immigrant Services (IRIS)</b><br/>75 Hamilton St.<br/>203-562-2095<br/>Wed, 8:30am-11am</p> <p><b>Jewish Family Services- Barry J. Vine Food Pantry</b><br/>1440 Whalley Ave.<br/>203-397-0796<br/>By appointment only<br/>Wed &amp; Thurs 9:00am-11:45am<br/>Closed on Holidays</p> <p><b>Keefe Community Center</b><br/>11 Pine St.<br/>Hamden, CT 06514<br/>203-562-5129<br/>By appointment only<br/>Mon &amp; Thurs, 11am-2pm<br/>Tues 1pm-4pm<br/>Wed &amp; Fri, 9am-11am</p> | <p><b>Liberty Educational Service Center</b><br/>44 Eastern St.<br/>203-691-9494, 203-606-1905<br/>2nd &amp; 4th Sat, 1pm-3pm<br/>Must call Friday after 2pm to make appointment</p> <p><b>Loaves &amp; Fishes</b><br/>57 Olive St.<br/>203-562-2691<br/>Sat, 8:30am-10:30am</p> <p><b>Maranatha Life Changing Ministries COGIC- Newhallville Substation</b><br/>596 Winchester Ave.<br/>203-440-6774<br/>2nd and 4th Tues, 3pm-5pm</p> <p><b>Mount Hope Recovery Center</b><br/>565 Dixwell Ave.<br/>203-785-0656<br/>2nd &amp; 4th Fri, 5pm-6pm<br/>Must be signed in by 5:50pm</p> <p><b>New Flame Restoration</b><br/>1375 State St.<br/>203-843-8831<br/>Thurs, 3:00pm until food runs out</p> <p><b>New Haven Church of Christ</b><br/>16 Gem St.<br/>203-777-2992<br/>2nd Sat, 12pm-1pm<br/>Emergency food bags Tues by appointment</p> <p><b>New Reach</b><br/>269 Peck Street<br/>203-503-0106<br/>Mon-Fri, 8:30am-5:00pm</p> <p><b>Newhallville Community Food Bank</b><br/>681 Dixwell Avenue<br/>203-687-0316<br/>2nd and 4th Thurs, 5:30pm-6:30pm</p> <p><b>New Haven Inner City Enrichment (NICE) - Hill Substation</b><br/>410 Howard Ave.<br/>203-479-0056<br/>Last Sat of month, 11am-1pm<br/>2nd Thurs of the month, 1pm-2pm</p> <p><b>New Haven Pride Center</b><br/>50 Orange St.<br/>203-387-2252<br/>Temporarily Closed</p> <p><b>Olive Street Pantry (DESK)</b><br/>57 Olive St.<br/>475-227-3009<br/>Wed, 1:30pm-3pm</p> <p><b>Omega SDA Church Community Service</b><br/>278 Winthrop Ave.<br/>203-993-0203, 914-565-0112<br/>1st &amp; 3rd Sunday, 10am-11:30am<br/>Closed on major holidays</p> | <p><b>Salvation Army - New Haven</b><br/>450 George St.<br/>203-624-9891<br/>Mon, Wed, Fri, 9am-12pm</p> <p><b>Second Star of Jacob Church</b><br/>185 Chapel St.<br/>203-776-9603 (call 9am-1pm)<br/>3rd &amp; 4th Thurs of month, 10am-12pm<br/>Closed major holidays</p> <p><b>St. Matthew's Church</b><br/>388 Dixwell Ave.<br/>Mon, Tues, Fri: 203-996-9643<br/>Wed, Thurs: 203-777-0472<br/>2nd &amp; 4th Sat of month, 8am-9am</p> <p><b>Upon This Rock Ministries - Dwight Substation</b><br/>130 Edgewood Ave.<br/>203-387-1215<br/>3rd Sat of month 9am-12pm</p> <p><b>Varick AME Zion Church</b><br/>246 Dixwell Ave.<br/>203-691-6333<br/>1st Sat of month, 10am-12pm<br/>Wed, 10am-12pm emergency food bags</p> <p><b>Vertical Church - Fair Haven Substation</b><br/>295 Blatchley Ave.<br/>203-934-9673 ext. 111<br/>3rd Sat of month, 9am-11am</p> <p><b>Walk of Faith Church</b><br/>104 Fairmont Ave.<br/>203-469-5134<br/>Wed, 12pm-1pm<br/>Attendees can arrive 9:00am to register. First come first serve</p> <p><b>Women of the Village - Dixwell Substation</b><br/>26 Charles St.<br/>203-675-9437, 203-376-2790<br/>Tues, 1pm-2pm<br/>Fri, 12pm-1pm</p> |
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### Connecticut Food Bank Mobile Pantry

Pantry times vary by location and include morning, afternoon, and evening times to accommodate as many schedules as possible. Check the schedule at:

<https://mobilefoodpantry.ctfoodshare.org/>

For additional resources, please dial: 2-1-1  
For the latest guide, visit:

[bit.ly/getconnectednhv](http://bit.ly/getconnectednhv)

## SOUP KITCHENS

**Community Soup Kitchen (CSK)  
@ St. Luke's Church**  
111 Whalley Ave.  
203-624-4594  
Thurs, 12pm-1pm Food to go

**Community Soup Kitchen (CSK)  
@ Newhallville Partnership**  
84 Broadway  
203-624-4594  
Wed and Sat, 8am-9am  
Mon, Tues, Thurs, Fri,  
11am-1pm Lunch  
Sat, 8-9am Breakfast

**Community Soup Kitchen (CSK)  
@ St. Martin Deporres Church**  
136 Dixwell Ave.  
203-624-4594  
Tues, 8:30am-9:30am  
Closed month of August

**Community Soup Kitchen (CSK)  
@ The Hill**  
33 Lamberton St.  
203-624-4594  
Wed, 9:30am-10:30am

**DESK's Dinner-on-the-Green**  
475-227-3009  
Mon-Thurs, 4:30pm-6pm  
More info at:  
<https://deskct.org/dinner>

**Immanuel Missionary  
Baptist Church**  
1324 Chapel St.  
203-777-8744  
Sun, 12pm-2pm

**St. Matthew's Church**  
388 Dixwell Ave.  
203-777-0472  
Permanently Closed

**St. Paul's Church**  
150 Dwight St.  
203-624-3937  
3rd Sat, 12pm-2pm  
Door located in back parking lot

**St. Thomas More Chapel**  
268 Park St.  
203-777-5537  
Wed, 11am-1pm  
Begins the first Wed in Oct  
and ends the last Wed in April

**Sunrise Café**  
57 Olive St.  
203-859-5059  
Mon-Fri, 6:30am-8:30am

**Thomas Chapel Church  
of Christ**  
30 White St.  
203-865-6254  
Wed, 11am-1pm

**Varick AME Zion Church**  
242 Dixwell Ave.  
203-691-6333  
Mon, 4:00pm-5:30pm

## CLIENT SPECIFIC NEEDS

### FOOD PANTRIES

#### FISH of Greater New Haven

Delivers groceries to homebound and disabled New Haven residents.  
Call 203-503-0107 to inquire about intake and schedule an assessment.  
Calls accepted: Mon-Fri, 9am-3pm.  
Delivery Hours: Monday and Wed-Fri, 9am-3pm

This guide was developed in collaboration with:



To update resource information, please visit:

<https://uwc.211ct.org/professionals>

### SNAP (Food Stamps)

Households and individuals who wish to apply for the Supplemental Nutrition Assistance Program (SNAP) may check eligibility and apply online at [www.connect.ct.gov](http://www.connect.ct.gov), under 'Apply for Benefits.'

### Women, Infants & Children (WIC)

The Women, Infants, & Children (WIC) program is a supplemental food and nutrition program for pregnant women, new moms and children under the age of 5 years old. To apply to be a WIC participant, please call 1-800-741-2142.

*All CitySeed Farmers Markets accept SNAP, WIC, FMNP checks, and Senior FMNP checks. CitySeed offers double value for SNAP at all of its markets and Mobile Market.*

## SENIOR MEALS

**Atwater Senior Center**  
26 Atwater St.  
203-946-8558  
Mon-Fri, 11:30am-12:30pm  
Register one day in advance

**Casa Otonal**  
135 Sylvan Ave.  
203-773-9849  
Lunch: Mon-Fri, 12pm-1pm  
Age 60+

**Dixwell/Newhallville Senior Center**  
197 Dixwell Ave 2nd Floor,  
Enter through Foote st  
entrance  
203-946-8541  
Mon-Fri, 11:30am-12:30pm  
Register 24 hours in advance

**East Shore Senior Center**  
350 Woodward Ave.  
203-946-8544  
Mon-Fri, 11:30am-12:30pm  
Register one week in advance

**LifeBridge Community Services**  
Offers senior meals through Meals on Wheels (delivered Mon-Fri between 8am and 2pm). They also coordinate lunches at 14 different senior centers throughout the Greater New Haven area. Meals are served Mon-Fri from 11am-12:30pm. Call 203-752-9919